

WORD OF THE YEAR:

an Advent Retreat

HOSTED BY:

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The turn of a new year is a threshold, a doorway into new possibilities. We meet it by pausing, looking honestly at where we've been, and stepping forward into new territory. One meaningful practice is to choose a word to guide, inspire, or challenge us for the year ahead.

Word of the Year: An Advent Retreat invites you to slow down, pray, and listen for the word God may be placing on your heart for the coming year. Inspired by the "Word of the Year" practice from the Abiding Together podcast, we'll draw on the four themes of Advent — Hope, Peace, Joy, and Love — reflecting on each to discover which one, or another word, God may be calling you to carry forward.

As the Catholic Church begins its new year with Advent, we're invited into a season of waiting and listening. What is God trying to tell you? Where is He guiding you into the year ahead?

Retreat Highlights

- Reflection on Hope, Peace, Joy, Love
- Prayerful listening for your Word of the Year
- Time for personal reflection
- Create a keepsake to carry your word into the year ahead

SATURDAY

Nov 21, 2026

9:00 AM - 12:00 PM

\$50 Per Person

\$20 Optional Lunch

Immediately Following Event

**REGISTER
ONLINE**



Register online or contact José at 310-377-4867 ext. 250, jsalas@maryjoseph.org

MARY & JOSEPH RETREAT CENTER 5300 CREST ROAD, RANCHO PALOS VERDES, CA 90275