



NEUROGRAPHIC ART

REIMAGINED

HOSTED BY: **LAURIE WALLACE**

We are presenting a series of workshops throughout the year exploring the linkage between the mind and creativity to enhance our self-awareness. Each workshop is designed to stand alone but follow theme presented.

This workshop “Neurographic Art – Reimagined” will expand the basic concept and introduce new methods and options to reveal our inner emotions and thoughts. Neurographic Art is made by drawing freeform connecting lines and using color for enhancements.

This technique helps to link the two concepts of “Neuro” (brain cells) with “Graphic” (images and shapes) to produce new and surprising artistic expressions.

WHAT TO EXPECT:

There will be an introduction and short meditation presented. Neurographic Art, simply stated, is mindful doodling. There are no mistakes in the final result.

- No previous art experience is required.
- All materials will be provided, and participants are also encouraged to bring their own art materials if they wish.

Laurie Wallace is co-facilitator of a women’s prayer group, a graphic designer, ceramicist and has taught art to children and elderly.



**REGISTER
ONLINE**



SATURDAY

MARCH 7, 2026

9:00 AM - 12:00 PM

\$50 Per Person / Supplies Included



Register online or contact José at 310-377-4867 ext. 250, jsalas@maryjoseph.org

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